

MONTHLY SORTIE GOALS	
961st Airborne Air Control Squadron	60.4
Monthly flying-hour contract	66.4
Hours flown	6.0
Monthly offset	
33rd Rescue Squadron	119.0
Monthly flying-hour contract	97.2
Hours flown	-21.8
Monthly offset	
909th Air Refueling Squadron	316.0
Monthly flying-hour contract	275.5
Hours flown	-40.5
Monthly offset	
44th Fighter Squadron	92.0
Monthly sortie contract	20.0
Sorties flown	-72.0
Monthly offset	
67th Fighter Squadron	141.0
Monthly sortie contract	130.0
Sorties flown	-11.0
Monthly offset	
Source: 18th MOS/MXOOP, as of Oct. 17	

THE

KADENA

SHOGUN

Vol. 18, No. 41
Kadena Air Base, Japan
Friday, Oct. 22, 2004

WEEKEND WEATHER

TODAY: Partly cloudy  
NE winds @ 15 knots  
High: 81 Low: 73

SATURDAY: Partly cloudy  
NE winds @ 15 knots  
High: 81 Low: 75

SUNDAY: Cloudy with isolated rain showers  
NE winds @ 15 knots  
High: 79 Low: 75

FRIDAY MORNING'S  
COMMUNITY BANK  
EXCHANGE RATES  
BUYING: \$1=¥106 SELLING: ¥112=\$1

# JSDF aircraft fly alert missions at Kadena

By Staff Sgt. Jason Lake  
18th Wing Public Affairs

Brig. Gen. Jan-Marc Jouas, 18th Wing commander, and Japan Self Defense Force officials signed an international agreement Monday afternoon allowing Japanese aircraft to fly critical alert missions at Kadena during runway construction at Naha Air Base.

Maj. Gen. Kiyoshi Yada, Japan Air Self Defense Force 83rd Air Wing commander, Rear Adm. Katsunori Kawamura, Japan Maritime Self Defense Force Fleet Air Wing 5 commander and Lt. Col. Yoshikasu Kunitake, Naha Air Rescue Squadron, met with General Jouas at 18th Wing headquarters to endorse a Memorandum of Understanding International.

The first phase of the two-phased agreement took effect Wednesday, allowing four alert F-4 aircraft, a P-3 and a U-125 from Japan Air and Maritime Self Defense Forces to continue their 24-hour mis-

sions by using Kadena's airfield. More than 50 Japanese personnel will work from Kadena.

The first phase will continue until March 31, 2005. Phase two of the agreement begins Sept. 20, 2005, and ends March 31, 2006.

General Jouas said the temporary relocation will give both sides the opportunity to build on an already strong partnership.

"I am very pleased that our forces will have the chance to work so close to each other here - it's just one more opportunity, but a large one, for America and Japan to promote regional stability together with combined resources," he said. "And in the end, to strengthen our bonds of friendship."

Fourteen years ago Kadena officials signed a similar agreement with Japan Self Defense Force officials, also during major construction on Naha International Airport's runway.



(Center) Brig. Gen. Jan-Marc Jouas, 18th Wing commander, shakes hands with Rear Admiral Katsunori Kawamura, Japan Maritime Self Defense Force Fleet Air Wing 5 commander, shortly after signing an international agreement between U.S. and Japanese military officials. The Memorandum of Understanding International authorizes Japanese aircraft to fly alert missions from Kadena while Naha Air Base undergoes construction.

## Kadena bids farewell to Chief Bishop

By Senior Airman Anna Fitzhorn  
18th Wing Public Affairs

After two years of being assigned to the busiest combat wing in Pacific Air Forces, Kadena's 18th Wing command chief, Chief Master Sgt. Anthony Bishop, will head off to be commandant of the U.S. Air Force First Sergeant Academy at Gunter Annex, Maxwell Air Force Base, Ala.

As command chief at Kadena, Chief Bishop helped maintain communications between the wing commander and approximately 5,900 enlisted personnel. He advised the wing commander on all matters influencing the health, welfare, morale and effective utilization of the enlisted force and their families.

During his tour, the chief was an advocate for stronger recognition programs for the enlisted force, to include award ceremonies, NCO inductions, the base "Warrior of the Week" and numerous other events and programs. His wife, Linda, stayed busy as a proponent for family issues affecting the readiness of the force.

Chief Bishop said the most memorable experience at Kadena was the 2003 Pacific Air Forces Operational Readiness Inspection and how the men and women of Team Kadena responded.

"On the final night, after we sounded 'end-ex,' the 18th Wing commander and I drove around the base to thank the troops. Everywhere we went, people were motivated and in great spirits and ready to take the fight to the enemy," he said.

"It was the most impressive sight of teamwork, dedication, and morale

I have ever seen," said the chief.

In addition to Team Kadena's response to the ORI, Chief Bishop was also impressed with Kadena's young enlisted members, who stand out as leaders all over the base especially in the Honor Guard and Airmen Committed to Excellence.

The chief said the members are without a doubt the most impressive group of Airmen he has ever been associated.

"They are already great leaders, and will continue to push our Air Force to incredible heights," he said.

"Further, the chiefs and first sergeants do a tremendous job taking care of their people," said Chief Bishop. "We are fortunate to have this level of leadership on the base."

As the chief departs Team Kadena, he said he is sad to leave but knows that Kadena is in great hands. "Thank you for your leadership and for allowing Linda and I to be a part of your team," he said.

Chief Bishop said it is important that Airmen serve as great ambassadors for the United States and remember that they are guests in Japan.

"Our conduct is important, and the future of Kadena and the stability of this region rest on our actions," he said. "We are blessed to be hosted by such great people. I ask that you continue to strive for excellence in every aspect of life here on Okinawa."

Chief Master Sgt. Ken Gordon, 18th Logistics Readiness Squadron, will be the interim command chief until the 18th Wing commander appoints a new chief.



## Typhoon Tokage blasts Okinawa

By Staff Sgt. Jason Lake  
18th Wing Public Affairs

Okinawa residents dug in for a battle with Mother Nature for the fifth time this year as Typhoon Tokage passed over the island Tuesday.

As of Wednesday afternoon, Kadena officials had not yet estimated the extent of the damage, but said it could be categorized as "minimal."

"The impact to Kadena was minor with no major damage and no typhoon related injuries," explained Mark Wheeler, 18th Civil Engineer Squadron deputy commander.

As the storm closed in from the southeast,





# Physical fitness: A prescription to a healthier life

By Lt. Col. Stephen Melroy  
18th Aircraft Maintenance Squadron

The Air Force asks a great deal of us. Being expeditionary, we must be ready at a moment's notice to go potentially anywhere on the planet to do our job.

That's a pretty tough chore to take on even if you are in the best of health.

Now, imagine yourself with borderline or below physical fitness, then deploying to a region of the world where the weather is significantly different than what you experience day-in and day-out.

Add strange food, changing work hours, jet lag after spending 16 hours on a C-5, and of course you can't drink the water unless it's bottled. What this adds up to

is a not-so magic recipe for easily getting sick, or, depleting you of energy needed to do your job.

Add to this the long duty days and wearing chemical gear (not exactly the coolest clothing in the world) and you've become a prime case for exhaustion. You could collapse due to your lack of physical conditioning.

Of course, this is a worst case scenario, but you should be thinking about how your physical conditioning could affect you in peacetime duties as well as in combat.

The stresses and strains on your body and mind during combat can be enormously higher than in peacetime. It's therefore logical to conclude that you train yourself to help cope with the physical stresses combat could throw at you.

About 16 years ago, I was at the borderline with my fitness—always on the edge with my weight, within three to four pounds of my maximum. I hardly exercised and my energy level was lacking. Sound familiar to anyone?

A couple of months after a move, my commander asked to see me and told me I needed to lose some weight or face

going on the Weight Management Program.

I wanted to stay in the Air Force and have a productive career, but I had always battled with my weight—whether in college or in the Air Force. Now it was do or die.

I thought there was no way I could do it. But, as I found out, it was simply mind over matter. I enrolled in a Weight Watchers Program, started a daily exercise regime, and in less than seven months I went from 192

pounds to 157 pounds, and I am still within 5 pounds of that today.

Don't get me wrong, it was brutal in the beginning, but the more I stuck with healthy eating and an exercise plan, the more day-to-day energy I gained. I felt better than I ever had in my whole life.

I continue to try and exercise everyday in some form or fashion, usually by jogging. I hear people make the excuse they don't have the time or energy to exercise due to family commitments, work schedules and other daily activities.

Exercising 30 minutes a day, four to five times a week, will vastly improve your cardiovascular system, make you feel good about yourself, give you energy and make you a fit warrior.

There are several times in the day when the opportunity will arise to exercise. It's up to you to put it in your schedule and stick to it.

If I can stay lean and fit, anybody should be able to. I know because I was out of shape for the first 26 years of my life. I've made the change successfully and so can you.

Get fit for your family's sake so you are there for them later in life, or for your co-workers so they know you won't collapse in the heat of battle. Finally, get fit for yourself so you feel better and you're able to perform at a higher level.

***"There are several times in the day when an opportunity will arise to exercise. It's up to you to put it in your schedule and stick to it."***

## Don't drink & drive

An 18th Equipment Maintenance Squadron senior airman was convicted Oct. 14 at a special court-martial. The Airman pled guilty and was convicted of drunk and reckless driving. The Airman registered a blood-alcohol content of .22%, refused advice from others to stop driving, and was observed knocking down stanchions with his car in an effort to get access to the base Burger King for breakfast. He was sentenced to 75 days confinement, reduction to airman and forfeiture of \$250 pay per month for three months. He is currently confined at the Camp Hansen Brig.

See COURTS MARTIAL, Page 4

## ACTION LINES

E-mail: 18wg.achotline@kadena.af.mil



Brig. Gen.  
Jan-Marc Jouas  
18th Wing commander

The 18th Wing is very interested in ideas that can make Kadena an even better place to live, work and play. If you have a concern that you have been unable to resolve through normal chains of command, then we'll look into it. Although not required, it's better to give commanders, first sergeants or the agencies with which you have the concern the opportunity to correct the situation first. When that fails, send us an e-mail. Include your name and telephone number so someone can get back to you, and a brief summary of your concern.

## Gate 5 Usage

I am a teacher working on Kadena and am concerned with the gate closures. Were the people in charge of organizing this closure around for 9/11 traffic congestion? It was tremendous. Why do both main gates have to be closed at the same time? I normally go through Gate 2 around 8 a.m. and get to work on time at 8:25 a.m. It was suggested, I believe in the paper, to go through Gate 2 at 7 a.m. It does not make any sense to have to go through the gate a whole hour and a half earlier when I have to be at work.

We know that there will be congestion, so why not make it easier for all concerned and not have both main gates closed at the same time?

Since Gate 5 is only for buses and car pooling at the present time, will you have this fully open without car pool contingencies during the renovations?

Our current plan is to make necessary

gate opening/closing adjustments to best serve the needs of the base, our off-base populace, and local communities.

For instance, when Gate 1 is closed, we will open Gate 4 to traffic. Further, when Gate 2 is closed to traffic we will open Gate 5 to all authorized base traffic (Gate 2 will always be open to pedestrian traffic).

We have one remaining challenge in the fact that currently Gate 5 and Gate 2 will be closed concurrently for two months (estimated July and August 2005).

We will monitor this situation carefully as exact time frames are subject to slight variations due to weather or construction delays.

I realize these closures will be painful for many people, but this construction is necessary to improve our traffic flow and security. Thanks for your letter and your patience during the next year.



## SHOGUN WARRIOR OF THE WEEK



Staff Sgt. Christina Perrien

18th Logistic Readiness Squadron, assistant NCOIC, Do-In-From-Maintenance Analysis

Hometown: Stone Mountain, Ga.

Reason for nomination: Sergeant Perrien superbly manages the largest overseas DIFM account for 104 aircraft and ensures parts are turned in and put back in supply inventory in less than one day.

Time at Kadena: 3 years

Editor's note: Shogun Warriors are selected by unit leaders for their outstanding value to their unit and dedication to the Kadena mission. To nominate someone, send the name of your nominee to your unit commander or senior enlisted leaders.



18th Wing Commander.....Brig. Gen. Jan-Marc Jouas  
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Deputy Public Affairs Chief.....Capt. CK Keegan  
Public Affairs Superintendent.....Master Sgt. Adam Johnston  
  
Kadena Air Base Editorial Staff  
Internal Information Chief.....1st Lt. Chrystal Smith  
Shogun editor.....Staff Sgt. Jason Lake  
Staff writer.....Senior Airman Anna Fitzhorn  
Staff photographer.....Airman 1st Class Michael Pallazola

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For editorial submissions, send E-mail to [kadenashogun.newspaper@kadena.af.mil](mailto:kadenashogun.newspaper@kadena.af.mil).

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**DON'T DRINK AND DRIVE:** Did you know -- 21 to 34-year-old drivers are responsible for almost 60 percent of all alcohol-related crashes.

**PRESCRIPTION RECALL:** The U.S. Naval Hospital and 18th Medical group are no longer dispensing VIOXX prescriptions. They are urging patients to stop taking the medication and obtain the substitute. Call 643-7557 at USNH, 630-4591 at Kadena Clinic, or visit their pharmacies to have the substitute prescription filled.

**THEATER TICKET PRICES INCREASE:** Effective today, AAFES movie ticket prices will increase by 50 cents for adults and 25 cents for children. For more information, call 645-8018 or 645-7703.

**SEVEN BRIDES FOR SEVEN BROTHERS:** The Pacific Okinawa Players will perform at the Foster Community Center today at 7:30 p.m., Saturday at 3 p.m. and 7:30 p.m., and Oct. 27-29 at 7:30 p.m. To reserve tickets, e-mail pops\_vp@hotmail.com.

**JOINT SERVICES 24-HOUR HELP LINE TRAINING:** Bi-annual training for volunteers will be held Saturday from 8 a.m. to 4 p.m. For more details, call 634-0634.

**ENERGY AWARENESS WEEK:** The 18th Civil Engineer Squadron will be offering energy conservation tips at an Energy Awareness booth Saturday outside the base exchange from 9 a.m. to 4 p.m.

**MONTE CARLO NIGHT:** The Kadena Chiefs Group is hosting Monte Carlo Night Saturday from 7 to 11 p.m. at the Rocker NCO Club. Tickets are available from any Chiefs Group member or at the door.

**OFFICE CLOSURE:** All Comptroller Squadron offices will close at 11:30 a.m. Monday for an official function. Call 090-6862-2480 for emergency services.

**TOP THREE MEETING:** The next Kadena Top Three meeting will be held Oct. 29 at 2:30 p.m. in the Kuba room at the Rocker NCO club.

**GATE 2 CONSTRUCTION:** Kadena's Gate 2 will close on or about Nov. 1 for gate construction. When Gate 2 closes, Gate 5 will open full time. However, pedestrian traffic may continue to enter and exit through Gate 2. When Gate 1 closes in February 2005, Gate 4 will open. Officials expect renovations to be completed by February 2006.

**DINING-OUT:** The 18th Wing will host a Dining-out Nov. 5 at the Rocker NCO Club to celebrate 50 years on Kadena. Contact your group point-of-contact, or Master Sgt. Teresa Hall at 634-4234.

**SUICIDE/VIOLENCE BRIEFING:** The Life Skills Support Center is holding a suicide and violence briefing Nov. 18 at 8 a.m. and 2 p.m. at the Keystone Theater.

**VOLUNTEERS NEEDED:** The 18th Wing Public Affairs community relations office is looking for volunteers to help escort Okinawan elementary school children during trick-or-treat hours Oct. 31. Call Kayoko Colston at 634-5696.

Volunteers are needed to help weave two giant ropes for the Okinawa International Carnival parade's tug of war Oct. 30 and 31 from 1 to 5 p.m. Call Kayoko Colston at 634-5696.

Adult volunteers are also needed Nov. 7 to march in the carnival parade outside Gate 2. Call Keiko Toma at 634-7485, if interested.

Kadena Youth Programs needs Kadena children ages 9 to 12 to volunteer for the International Children's-Tug-of War on Gate 2 Street Nov. 7 from 7 to 8:30 p.m. Contact the youth center at 634-0500.

**DRMO CASH AND CARRY SALE:** Defense Reutilization and Marketing Office is having a sale of household and office furniture for SOFA personnel throughout October, Monday through Friday, 9:30 a.m. to 2 p.m. at Camp Kinser, Bldg. 600.

**TOP SALES:** Manchu Wok presented its "Outstanding Achievement" award to the Kadena Manchu Wok for having the highest first week sales in the franchise's history. The restaurant topped 4,797 transactions with sales reaching \$43,913, with average monthly sales of \$129,000.



Trick-or-treating will be from 6 to 8 p.m., Oct. 31.

Sponsored trick-or-treat groups may enter the base from 5:30 p.m. to 7:15 p.m.

All personnel requesting to sponsor off base guests must submit lists to 18 Security Forces by Oct. 27 in Bldg. 721B.

All visitors must be escorted by an authorized sponsor (SOFA status/18 years or older) during their entire visit, and depart off the installation from Gate 5.

Authenticated letters from 18th SFS will serve as a pass and be maintained by the sponsor. The sentry will ensure only those on the letter are allowed entry.

Visitors who do not have a sponsor and a letter, will not be allowed entry.

All visitors should depart the installation no later than 8:45 p.m. Sponsors and unit first sergeants will be notified if visitors are on the installation after that time.





# CGOC workshop helps mold tomorrow's leaders

By 1st Lt. Chrystal Smith  
18th Wing Public Affairs

The dividend of more than one hundred years of major investments was exchanged over the course of two days and distributed among 90 future leaders of the U.S. Air Force from Kadena Air Base and Osan Air Base at the Kadena Officers Club Oct. 14 and 15.

Kadena Company Grade Officers held a professional development workshop to fine-tune the skills of some of Pacific Air Forces' newest leaders.

Team Kadena's senior leadership – field grade officers and senior non-commissioned officers – recanted moments of their careers that made an impression on them most, and serve as tenets for the decisions they make today.

The speakers covered topics learned frequently through fumbling-firsthand and humbling experiences that offered comic relief or regret later in their careers.

Company Grade Officer Council president Capt. Shelly Spencer said the workshop was designed for the self-improvement of junior officers. It gave them an opportunity to be mentored by senior leaders, meet and interact with fellow peers, and ask those "unanswered" questions.

Workshop topics covered a range of subjects, including legal issues leaders encounter, promotion concerns, effective writing in today's force, mentorship, incorporating effective measures of discipline, and various perspectives of leadership.

"Focus...learn...and refresh," said Col. Richard Zink, 18th Wing vice commander and CGOC advisor, as he shared insight on the wing's mission. He also highlighted the Air Force's core values as a part of his perspective of leadership in today's force, and encouraged the junior officers to take advantage of the workshop's three-fold intent.

"...For unto whomsoever much is given, of him shall be much required," said Acting Command Chief Master Sgt. Ken Gordon, quoting scriptures and reminding the junior officers that as they go higher, so comes great responsibility.

Many of the CGOs were in agreement with 1st Lt. Tammy Foster, 18th Mission Support Squadron, who said the workshop was "awesome and the guest speakers were fantastic," with the only downfall being that it wasn't long enough.

The lieutenant said even after being in the Air Force for seventeen years, she learned from the variety of skill sets and knowledge that was imparted.

Others saw how it expanded upon formal military training that many receive elsewhere.

"This was just another example of where we can develop our professional military education, and



Air Force/Airman 1st Class Michael Pallazola

(Right) Master Sgt. Jay Cannon, an 18th Wing Manpower and Organization technician, briefs company grade officers on the services and capabilities of his office during the Company Grade Officer Council workshop at the Officers Club Oct. 15.

grow, and meet a lot of our leaders from around the base," said Capt. Jason Norgaard, 18th telephone systems flight commander and former Air and Space Basic Course instructor – a course that teaches basic principles of air power to newly commissioned lieutenants.

CGOs visiting from Osan Air Base said the trip was well worth it. While some were simply looking for time away from the Korean Peninsula, they gained a wealth of insight on things that they expect to encounter during their careers.

"Coming here helps reiterate everything I have learned so far through the Reserve Officer Training Core and ASBC, and keeps my skills fresh," said 2nd Lt. David Sears, 51st Communications Squadron. "It was also nice to get together and interact with some of the other CGOs from different bases."

"I was just looking for three days off the rock," said 1st Lt. Charlie Juhl, 607th Air Intelligence Squadron, readiness flight plans and exercises officer. He said he learned things here that officers often tend to lose perspective of in Korea because of intense mission demands. "It was refreshing to sit back and relax for

two days and get insight on what the senior leaders, chiefs and first sergeants expect [from junior officers]."

"This helps me as an [office] chief because I am in charge of several non-commissioned officers and senior airmen," said Capt. Michael Curtin, 51st Medical Operations Squadron, chief of physical therapy services. "It helps me to better understand where they are coming from, where I need to direct them, and what I need to do on my part to better lead them."

Captain Spencer said that overall, the workshop gave the CGOs fresh and honest outlooks into the mysteries of leadership. The speakers shared details of their careers that will potentially influence the growth and success of the lieutenants and captains who participated.

"The CGOC Executive Council had this as one of our goals to complete for this year, and we accomplished it," said Captain Shelly Spencer. "This would not have been possible without the efforts of Senior Master Sgt. James Cooper of the Career Development Center, and 1st Lt. Jay Tibayan, CGOC professional development chairman."

## TOKAGE

Continued from Page 1

Brig. Gen. Jan-Marc Jouas, 18th Wing commander, declared Tropical Cyclone Condition of Readiness 1 - Caution at 3:25 a.m. Tuesday and TCCOR 1-Emergency less than two hours later.

Typhoon Tokage swept through Okinawa Tuesday night and thrashed Kadena with winds reaching 77 knots (87 mph). The eye of the storm passed by just 12 miles east of Kadena Air Base at 3:45 p.m. Tuesday and dumped more than 5.5 inches of rain on the island.

According to Tech. Sgt. Michael Milton, a Kadena weather forecaster, this was the 12th storm of the year to change TCCOR conditions from the seasonal TC-4 status on the island.

Typically, Sergeant Milton said Kadena is affected by four storms per year – 1.5 of which reach TCCOR 1E conditions.

"Of the past three years, this has been the most active season," he said.

Last month, Kadena was hit by typhoons Songda (Sept. 3-6) and Maeri (Sept. 23-28). In August, Tropical Storm Megi surprised forecasters with its eradic development, and the first to hit, with 40 knot winds, was Typhoon Dianmu in June.



Air Force/Airman 1st Class Michael Pallazola

A truck lies overturned outside the Olympic Mall Wednesday afternoon. Civil Engineer Squadron officials said Typhoon Tokage caused minimal damage during its 22-hour barrage.

## COURTS MARTIAL

Continued from Page 2

□ A 733rd Air Mobility Squadron airman first class was convicted Oct. 6 at a special court martial. The Airman pled guilty to and was convicted of underage drinking and drunk and reckless driving. The Airman registered a breath-alcohol content of .170% more than five hours after he careened through Patterson Avenue in base housing, and lost a tire and oil pan in the process. The military judge sentenced him to 80 days confinement, reduction to airman basic and forfeiture of \$500 pay per month for three months. The Airman is currently confined at the Camp Hansen Brig.

□ A 718th Aircraft Maintenance Squadron staff sergeant was convicted Oct. 7 at a special court martial. The Airman pled guilty to and was convicted of drunk and reckless driving. The Airmen registered a breath-alcohol content of .12% and was driving 92 kph in a 40 kph zone on Walker Road Sept. 3. The military judge sentenced him to seven days confinement, reduction to senior airman and forfeiture of \$300 pay per month for three months. The Airman is currently confined at the Camp Hansen Brig.





Air Force/Airman 1st Class Michael Pallazola

Navy Cmdr. John Laurent conducts an eye examination with James Dupree, 6, during a medical screening at Bob Hope Primary School, Oct. 14. Such screenings are part of a program geared towards early detection of vision and hearing problems in children. Commander Laurent is assigned to the Camp Lester U.S. Naval Hospital optical clinic.



Air Force/Airman 1st Class Michael Pallazola

Navy Cmdr. John Laurent conducts an eye examination on Briana Ferguson, 6, during a medical screening session.



Air Force/Airman 1st Class Michael Pallazola

Lt. Cmdr. Cyrus Rad, measures the eye optics of a Bob Hope Primary School first grader Tuesday.

## Keeping an eye out Medics examine Bob Hope students

By Senior Airman Anna Fitzhorn  
18th Wing Public Affairs

More than 220 first graders and Sure Start preschoolers were screened for vision problems at Bob Hope Primary School, Oct. 14.

U.S. Naval Hospital Okinawa optometrists, 18th Medical Group technicians, and volunteers are participating in a fall-semester outreach that will test more than 2,000 children in Department of

Defense schools on Okinawa, said Navy Lt. Cmdr. Cyrus Rad, USNH Optometry department head.

Commander Rad said the goal of the outreach is to test children for eye problems and catch it early; between the ages of 0 and 7 years old is the critical age.

"We would like to catch the kids with eye problems as early as possible. If you catch the problem [too late], it can cause permanent loss," he said.

The children went through several different tests during the screening, which varied from color vision and hearing tests, to how well their eyes work together. After the tests were completed, optometrists decided if each child needed to be referred to the clinic for further care.

"We refer them if they are near- or far sighted, if they have astigmatism, or binocular vision--eyes that turn in, out, or up and down," said Cmdr. John Laurent, optometrist at the USNH.

Some 58 of the 220 children tested from Bob Hope were referred for further testing to the eye clinics.

"With our school eye exams there is a usual referral rate of 10 to 25 percent. Of the 2,000 children we are testing, we estimate up to 500 kids need to go to the 18th Medical Group and other eye clinics," said Commander Rad.

He also said the grades that are tested each year are spaced out so that hopefully every child will be screened at least once during their parent's three-year tour.

Both commanders enjoy working with the students. "They are surprisingly curious patients, they have a wonderful sense of awe and wonder when you show them how their eyes see," said Commander Rad.

Doctors will test more than 840 students from Stearley Heights Elementary School, Amelia Earhart Intermediate School, and Kadena Elementary School during November.



Air Force/Airman 1st Class Michael Pallazola

Staff Sgt. Fred McCree, 18th Aerospace Medicine Squadron optometry technician, conducts a color vision test on first grader Kaitlyn Turner, 6.





Today

**KUMON MATH:** Math study for children ages 5 to 18 in 40-minute sessions from 3 to 5:40 p.m. at the Schilling Community Center. Call 634-1387.

**RETIRED APPRECIATION DINNER:** The Rocker NCO Club will host a dinner for Retired Military Club Member Appreciation Day Nov. 11 from noon to 3 p.m. RSVP before Nov. 5 at the Rocker NCO Club or Officers' Club Customer Service Counter.

**AFTER SCHOOL FREE BOWLING:** Children ages 9 to 18 bowl for free from 2:30 to 5 p.m. at Emery Lanes. Children must have a card issued by Emery Lanes to be able to participate in this program. All 9-year-olds must be signed in by a parent. Participants must bowl on the lanes designated for this program. Call 634-2290.

**URASHIMA DINNER THEATER:** For more information call 634-4322.

**ARTS AND CRAFTS CENTER:** Be sure to sign-up for November classes. Schedules available at the Arts and Crafts Center or call 634-1666.

**THUNDER BOWL:** Rock 'n Bowl fun with Rock 300 music from 10 p.m. to 2 a.m. at Emery Lanes.

**BANYAN TREE CLUB:** Super Snacks and Blast from the Past from 5 to 7 p.m., Underground Virus, and Virus Fridaze from 10 p.m. until 3 a.m.

**ROCKER NCO CLUB:** Super Snacks Social and Deja Vu with the Doctor from 5 to 7 p.m. Variety dance beats from 7 p.m. until closing.

**KRAZY KARAOKE:** At the Rocker NCO Club from 7 to 10 p.m. followed by Top 40 variety dance until 3 a.m.

Saturday

**TANGERINE PICKING TOUR:** For more information call 634-4322.

**HANDMADE CRAFTS FAIR:** Free admission. Shop for a variety of crafts created by on-island crafters at the Schilling Community Center from 10 a.m. to 4 p.m.

**MONTE CARLO NIGHT:** Casino-style gaming night with prizes at the Rocker NCO Club. Tickets can be purchased at the Rocker NCO Club's customer service counter or any Kadena Chief's Group member.

**VENTURE UNDER THE SEA:** Discover Okinawa field trip for youth ages 9-12 at the Ocean Expo Park which features dolphins and pilot whales in a free show. Call 634-0500 for more information.

**40-FRAME BOWLING TOURNAMENT:** Sign-ups begin at 6 p.m.; bowling begins at 7 p.m. at Emery Lanes. Call 634-2290/5572.

**TABLETOP WARRIORS CLUB:** Join the Schilling Community Center for great tabletop gaming from 10 a.m. to 10 p.m. Call 634-1387 for more details.

**PATCHWORK QUILTING CLASS:** From 9 a.m. to 5 p.m. at the Schilling Community Center. Call 634-1387.

**SAX, FLUTE, CLARINET LESSONS:** One hour session for ages 5 and up from 7 a.m. to noon at the Schilling Community Center. Call 634-1387 for more information.

**IN THE MIDDLE OF IT ALL TOUR:** For more information call 634-4322.

**BANYAN TREE CLUB:** Country night with DJ Leis from 8 p.m. until closing in the ballroom and R&B from 8 p.m. until closing in the lounge.

**SATURDAY NIGHT FEVER:** At the Rocker NCO from 8 p.m. until closing and Top 40 hits and Latin music in the lounge.

Sunday

**COLLEGE GAME DAY:** Watch the "Big Game" in the lounge at the Rocker NCO Club from 7:30 a.m. until the end of the game. Open to all ranks and services.

**BISQUE PAINTING FOR HALLOWEEN:** For children 5 years and up at the arts and crafts center from 2:30 to 3:30 p.m. Call 634-1666 for more information.

**FAMILY DAY:** Bowling games are reduced price for parents and children that

Oktoberfest



Air Force/Airman 1st Class Michael Pallazola

**Edward Kress, 18th Maintenance Group Air Force Engineering and Technical Services supervisor, and his wife Ruthie, try some German dishes during Oktoberfest Saturday at the Kadena Officers' Club. The festival also featured traditional German music by the Brass Hose Band. More than 300 people took part in the annual event.**

bowl together at Emery Lanes from 8 a.m. to 9 p.m. Call 634-2290/5572.

**BANYAN TREE CLUB:** Top 40 Melt-down from 7 to 11 p.m.

**ROCKER NCO CLUB:** All that Jazz and table and card games from 5 to 8 p.m., and old school music from 8 to 11 p.m.

Monday

**JAPANESE CLASS:** Adult conversational class from 7:30 to 9 p.m. at the Schilling Community Center. Call 634-1387 for more information.

**AFTER SCHOOL FREE BOWLING:** Children ages 9 to 18 bowl for free from 2:30 to 5 p.m. at Emery Lanes. Children must have a card issued by Emery Lanes to be able to participate in this program. All 9-year-olds must be signed in by a parent. Participants must bowl on the lanes designated for this program. Call 634-2290.

**CAKE DECORATING:** From 6:30 to 8:30 p.m. at the Schilling Community Center. Call 634-1387.

**BANYAN TREE CLUB:** Fifty cent hamburgers and hot dogs from 5 to 7 p.m. or until sold-out and variety dance hits from 7 to 11 p.m.

**ROCKER NCO CLUB:** Rock around the clock with C Note, classic to modern rock from 7 p.m. until closing.

Tuesday

**FOOTBALL FRENZY:** Catch the game and enter to win prizes at the Banyan Tree Club starting at 5 p.m. Club members only.

**LADIES BIBLE STUDY:** Protestant Women of the Chapel is holding a morning and evening bible study every Tuesday in Chapel 1. Call Kelly Brown at 965-1868.

**SING TO WIN:** Karaoke contest at the Rocker NCO club starting at 9 p.m. First place weekly winners receive \$100 and will compete Nov. 16 for \$500 first place overall. Call 634-0740 for details and rules.

**TAI CHI CHUAN:** Adult classes from 5 to 6:30 p.m. at the Schilling Community Center. Call 634-1387 for more information.

**AFTER SCHOOL FREE BOWLING:** Children ages 9 to 18 bowl for free from 2:30 to 5 p.m. at

Emery Lanes. Children must have a card issued by Emery Lanes to be able to participate in this program. All 9-year-olds must be signed in by a parent. Participants must bowl on the lanes designated for this program. Call 634-2290.

**BANYAN TREE CLUB:** Rock night with DJ Mad Cap from 7 p.m. until closing and pool tournament at 8 p.m.

**ROCKER NCO CLUB:** Krazy Karaoke from 8 to 11 p.m.

Wednesday

**JAPANESE CLASS:** Adult conversational class from 7:30 to 9 p.m. at the Schilling Community Center. Call 634-1387 for more information.

**AFTER SCHOOL FREE BOWLING:** Children ages 9 to 18 bowl for free from 2:30 to 5 p.m. at Emery Lanes. Children must have a card issued by Emery Lanes to be able to participate in this program. All 9-year-olds must be signed in by a parent. Participants must bowl on the lanes designated for this program. Call 634-2290.

**KUMON MATH:** Math study for children ages 5 to 18 in 40-minute sessions from 3 to 5:40 p.m. at the Schilling Community Center. Call 634-1387 for more information.

**HALLOWEEN MEMBERSHIP NIGHT FOR KIDS:** Children ages 10 years and under can enjoy a complimentary buffet dinner from 5 to 7 p.m. in the Kudaka Ballroom of the Kadena Officers' Club. Club members only, adults \$5.

**BANYAN TREE CLUB:** Request night Top 40 from 7 to 11 p.m. and Social Hour from 9 to 10 p.m.

**ROCKER NCO CLUB:** Ladies Night with Rob Ski from 8 p.m. until closing.

Thursday

**HAUNTED SITES TOUR:** For more information call 634-4322.

**JAPANESE CALLIGRAPHY:** Adult class from 6:30 to 8:30 p.m. at the Schilling Community Center. Call 634-1387.

**JAPANESE CLASS:** Adult conversational class from 10 to 11:30 a.m. at the Schilling Community Center. Call 634-1387 for more information.

**AFTER SCHOOL FREE BOWLING:** Children ages 9 to 18 bowl for free from 2:30 to 5 p.m. at Emery Lanes. Children must have a card issued by Emery Lanes to be able to participate in this program. All 9-

year-olds must be signed in by a parent. Participants must bowl on the lanes designated for this program. Call 634-2290.

**TAI CHI CHUAN:** Adult classes from 5 to 6:30 p.m. at the Schilling Community Center. Call 634-1387 for more information.

**KIDS HALLOWEEN CRAFT:** From 3:30 to 5 p.m. at the arts and crafts center. Call 634-1666 for more information.

**BANYAN TREE CLUB:** Latin music from 5 to 7 p.m. followed by Country night with DJ Chaps from 7 p.m. until closing.

**ROCKER NCO CLUB:** Hot Latin variety music from 10 p.m. until closing.

Oct. 29

**RETIRED APPRECIATION DINNER:** The Rocker NCO Club will host a dinner for Retired Military Club Member Appreciation Day Nov. 11 from noon to 3 p.m. RSVP before Nov. 5 at the Rocker NCO Club or Officers' Club Customer Service Counter.

**KUMON MATH:** Math study for children ages 5 to 18 in 40-minute sessions from 3 to 5:40 p.m. at the Schilling Community Center. Call 634-1387 for more information.

**HAUNTED SITES TOUR:** For more information call 634-4322.

**AFTER SCHOOL FREE BOWLING:** Children ages 9 to 18 bowl for free from 2:30 to 5 p.m. at Emery Lanes. Children must have a card issued by Emery Lanes to be able to participate in this program. All 9-year-olds must be signed in by a parent. Participants must bowl on the lanes designated for this program. Call 634-2290.

**THUNDER BOWL:** Rock 'n Bowl fun with Rock 300 music from 10 p.m. to 2 a.m. at Emery Lanes.

**BANYAN TREE CLUB:** Super Snacks and Blast from the Past from 5 to 7 p.m. and Virus Fridaze from 10 p.m. until 3 a.m. Super Ladies Night and Partae Virus.

**ROCKER NCO CLUB:** Super Snacks Social and Deja vu with the Doctor from 5 to 7 p.m. Variety dance beats from 7 p.m. until closing.

Oct. 30

**SUPER LADIES NIGHT HALLOWEEN PARTY:** Costume contest and crowning of Miss SLN

October at the Rocker NCO Club at 8 p.m.

**YOUTH EXPLOSION BOWLING TOURNAMENT:** Prizes awarded for winners in four different age groups. Sign ups begin at 12:30 p.m.; bowling starts at 1 p.m. Call Emery Lanes at 634-2290/5572.

**HAUNTED SITES TOUR:** For more information call 634-4322.

**FRIGHT NIGHT:** Cash prizes for best costumes from 9 p.m. to close at the Banyan Tree Club Lounge.

**OKUMA HALLOWEEN VILLAGE:** Free admission, free events and free camping from 4 to 9 p.m. Call 632-4FUN.

**SAX, FLUTE, CLARINET LESSONS:** One hour session for ages 5 and up from 7 a.m. to noon at the Schilling Community Center. Call 634-1387 for more information.

**CHILLS AND THRILLS HALLOWEEN PARTY:** Wear your favorite costume and bring in a Halloween drawing that will be entered to win a prize at the Kadena Youth Center. Call 634-0500 for more information.

**TABLETOP WARRIORS CLUB:** Join the Schilling Community Center for great tabletop gaming from 10 a.m. to 10 p.m. Call 634-1387 for more details.

**PATCHWORK QUILTING CLASS:** From 9 a.m. to 5 p.m. at the Schilling Community Center. Call 634-1387.

**BANYAN TREE CLUB:** Country night with DJ Leis from 8 p.m. until closing in the ballroom.

MOVIES	
Patrons should call Keystone Theater at 634-1869 or Butler Theater at 645-3465 to verify movie titles, showtimes and ratings.	
<b>Keystone Theater</b>	
▲ Today.....	Without a Paddle, PG-13, 6 p.m. First Daughter, PG, 9 p.m.
▲ Saturday.....	First Daughter, PG, noon Alien vs. Predator, PG-13, 4 p.m. Open Water, R, 7 p.m.
▲ Sunday.....	Alien vs. Predator, PG-13, noon Open Water, R, 4 p.m. First Daughter, PG, 7 p.m.
▲ Monday.....	Without a Paddle, PG-13, 7 p.m.
▲ Tuesday.....	Alien vs. Predator, PG-13, 7 p.m.
▲ Wednesday.....	Open Water, R, 7 p.m.
▲ Thursday.....	Shark Tale, PG, 7 p.m.
<b>Butler Theater</b>	
▲ Today.....	Black Cloud, PG-13, 7 p.m. Alien vs. Predator, PG-13, 10 p.m.
▲ Saturday.....	Princess Diaries 2, G, 1 p.m. Shark Tale, PG, 4 p.m. Alien vs. Predator, PG-13, 7 p.m. Without a Paddle, PG-13, 10 p.m.
▲ Sunday.....	Shark Tale, PG, 1 p.m. Shark Tale, PG-13, 4 p.m. Black Cloud, PG-13, 7 p.m.
▲ Monday.....	Without a Paddle, PG-13, 7 p.m.
▲ Tuesday.....	Alien vs. Predator, PG-13, 7 p.m.
▲ Wednesday.....	Open Water, R, 7 p.m.
▲ Thursday.....	Taxi, PG-13, 7 p.m.

CHAPEL	
<b>Catholic</b>	
▲ Monday through Friday:	Mass, Chapel 2, noon.
▲ Saturday:	Confession, Chapel 2, 3:30 to 4:30 p.m. Vigil Mass, Chapel 2, 5 p.m.
▲ Sunday:	Mass, Chapel 3, 8:45 a.m. Mass, Chapel 1, 12:30 p.m. and 5 p.m.
<b>Protestant</b>	
▲ Wednesday:	Bible Study, Bldg. 327, 7 p.m.
▲ Sunday:	Inspirational, Chapel 2, 8:30 a.m. Liturgical, Chapel 3, 8:45 a.m. Evangelical, Chapel 1, 9 a.m. and 10:45 a.m. General Protestant, Chapel 2, 10:30 a.m. Gospel, Chapel 3, 10:30 a.m. Sunday school, Bldg. 326 and Bldg. 327, 10:45 a.m.
▲ Hindu service:	Mondays, Chapel 1, noon.
▲ Eastern Orthodox service:	call 645-7486
▲ Jewish services:	call 637-1027
▲ Islamic services:	call 636-3219